

# Minuteman

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## Local troops respond to emergencies

**By Master Sgt. Stan Coleman**  
Public Affairs

The medical profession evokes memories of that first shot as a child and the inoculations we received during basic training and our favorite episode of *M\*A\*S\*H\** on TV. It reminds us of the nurse at our public school or family doctor who we could talk to when we weren't sure that we could talk to our parents.

But for those who chose the medical profession as a career, the memories become a lifestyle to help and serve others. That lifestyle doesn't stop when health care professionals leave the job. Three of the 94th Airlift Wing's health care professionals, within the last few months, found themselves reacting to everyday-life emergencies.

Those health care professionals were



Photo by Reid Hanna

**Tech. Sgt. Paula Strickland**



Photo by Stan Coleman

**Maj. Robert Bonhomme**

Maj. Robert J. Bonhomme, a doctor and 94th Aeromedical Staging Squadron flight surgeon, Master Sgt. Stan Gorka and Tech. Sgt. Paula Strickland, 94th Aeromedical Evacuation Squadron evacuation technicians.

It was the close of another school day for Paula Strickland at her civilian job as a schoolteacher in Douglas County. As she waited for a turn, one of those slow-motion, five-car accidents unfolded next to her, igniting her military medical training and her spirit for helping.

"I saw a need for assistance and reacted," said Strickland. "First, I made sure the scene was safe. I looked around to make sure there was no threat of leaking gasoline or any type of noticeable fire hazard and also that no one was bleeding from any external injury. Then I dialed 911."

While Strickland was surveying the area and the condition of those in the acci-

dent, an off-duty nurse, a retired nurse and a paramedic stopped and also provided assistance. When the first emergency medical team arrived, Strickland assisted in putting cervical collars on the accident victims with neck pain. After that, she checked to see if other assistance needed.

"When I saw that the situation was under control, I left," she said. Strickland is married to Master Sgt. David Strickland.

Master Sgt. Stan Gorka, an employee trainer with the Quik Trip Corporation, was just about to enter a store, after working a double-shift, when he saw one of his coworkers inside her vehicle, unconscious and not breathing.

"The store manager along with a retired police officer assisted in removing the employee from her car," said Gorka. "She was unresponsive, so I called 911 and initiated CPR (cardiopulmonary resuscitation) and rescue breathing. The retired policeman provided assistance with chest compressions. We revived her and transported her to the hospital."

Gorka was thankful that his Air Force emergency medical technician training assisted in helping someone in an emergency situation. Although they tried to help, the coworker died later.

Bonhomme's experience had a better ending. While in flight aboard a civilian aircraft, he heard a call over the plane's intercom for a medical doctor's assistance.

"We were six hours into our flight with three more to go before we reached our destination in Europe," said Bonhomme. "A passenger had passed out, and went into shock. When I got to his seat, another doctor was there. But he was



Photo by Nyere Hollingsworth

**Master Sgt. Stan Gorka**

a psychiatrist. So, I was the one to provide the emergency medical assistance. A young man, who was an emergency cardiac technician, offered to assist me."

According to Bonhomme the first thing they did was lay the victim down, open his airway and give him oxygen. They established a pulse within a few minutes after administering the oxygen. After another minute, the victim began to regain consciousness.

"The time seemed to fly by," said Bonhomme. "I knew God was guiding me. We found out the person we helped was an epileptic and had not taken medication for a whole week."

"Another interesting fact about the situation is that the person had the first name of Jesus (Spanish pronunciation)," said Bonhomme. "And, the psychiatrist that was present was named DiAngelo (which translates to the angel)."

## Airmen are reminded to update vRed

**AIR FORCE PERSONNEL CENTER** - Five months since the official turn-on of the Virtual Record of Emergency Data, more than 383,000 airmen have updated their emergency contact information. "It's imperative that we have every airman - active duty, Guard and Reserve - fill out their emergency contact information," said Maj. Jerry Couvillion, chief of the casualty services branch here.

Better known as vRED, this mandatory online form replaced the DD Form 93, Record of Emergency Data, as the only means available for airmen to provide personal emergency information. By filling out the form from an internet connected computer, Air Force casualty will have access to information needed to contact family members.

New procedures say all military members should update their

information electronically every six months, prior to deployments, and after permanent changes of station.

On the AFPC web page, [www.afpc.randolph.af.mil](http://www.afpc.randolph.af.mil), you can select the "vMPF" logo at the top of the page. New vMPF users will need to establish an account.

For more information, call the casualty service branch at 678-655-5059 during the week or customer service at 678-655-3835.

## Accepting design suggestions for new front lobby

The front lobby of Bldg. 838 is a highly visible area to military members and civilians. Your design ideas could have a great influence on the image of the Air Force Reserve. If you have an idea for the appearance of Bldg. 838's front lobby, send your design or decoration suggestions to [reid.hanna@dobbins.af.mil](mailto:reid.hanna@dobbins.af.mil).



# Services captures three AFRC awards

**ROBINS AIR FORCE BASE.** - When it comes to outdoor recreation, the 94th Services Squadron at Dobbins Air Reserve Base remains on target. For the fourth year in a row, the program was named the best in Air Force Reserve Command.

The squadron also had the best consolidated club in the command, and the Dobbins Inn won the command's innkeeper award for 2003.

The Headquarters AFRC Directorate of Services announced these and other services program awards May 20.

Retaining its title as the best AFRC readiness pro-

gram was the 512th Memorial Affairs Squadron at Dover AFB, Del.

The 934th SVS at Minneapolis-St. Paul International Airport Air Reserve Station, Minn., captured the fitness and sports program award.

In the marketing program competition, the 911th SVS from Pittsburgh IAP ARS, Pa., took first, the 914th SVS from Niagara Falls IAP ARS, N.Y., came in second, and the 910th SVS from Youngstown ARS, Ohio, earned the most improved award.

Travis AFB, Calif., had the top honor guard members. Staff Sgt. Myla Ferrer was named best member, and

Master Sgt. Jon Saunders was named top manager. Other individual services winners were announced May 9.

## Services also captures two individual awards

In the individual awards, the 94th had two individuals take home the annual honors. Terry Bozeman was named the best civilian specialist and Rosa Scott was selected the top civilian technician.

# Riverside Bank donates more than \$13,000 to support military families



Courtesy Photo

**Rob Garcia with Riverside Bank and Janie Maddox, Cobb Chamber Chairwoman, present checks for military families to Brig. Gen. William Kane and Capt. Bill Garrett.**

## Organization presents checks to provide aid for Air Force and Navy/Marine Corps families

At a June Cobb County Chamber of Commerce event, Riverside Bank donated \$13,496 to the Navy/Marine Corps Relief and the Air Force Aid Society. Rob Garcia, Riverside Bank executive vice president, presented the checks, which are intended to provide relief and aid for military families in need. Accepting the contributions were Brig. Gen. William Kane, 94th Airlift Wing, commander and Capt. Bill Garrett, Naval Air Station Atlanta, commanding officer.

"This gift from Riverside Bank to the local military cements the feeling of acceptance and support we feel as members of the Cobb County community," said Kane.

"The employees of Riverside Bank wanted to do something to help the servicemen and women who give so much to our country," explained Garcia. "Earlier this spring, our employees organized a way to raise money by charging a nominal fee for parking at Riverside Bank's Galleria office lot during Cirque du Soleil performances. Much to our delight, we raised more than \$13,000. Our wish is for this money to be used to provide assistance to military families who have unexpected expenses or just need extra help. We want them to know we are proud of them and we support their selfless service."

## Wings change commanders this summer

**ROBINS AIR FORCE BASE, Ga.** - At least four Air Force Reserve Command flying wings will change commanders this summer.

The following senior officer moves and their effective dates are:

Brig. Gen. Thomas M. Gisler Jr. from 446th Airlift Wing commander at McChord AFB, Wash., to 349th Air Mobility Wing commander at Travis AFB, Calif., July 19.

Col. Eric W. Crabtree from reserve adviser at Headquarters Air Mobility Command, Scott AFB, Ill., to 446th AW commander at McChord AFB, Aug. 23.

Col. Timothy J. Wrighton from 452nd AMW com-

mander at March Air Reserve Base, Calif., to assistant vice commander of 22nd Air Force at Dobbins ARB, Ga., June 14.

Col. James T. Rubeor from 349th AMW commander at Travis AFB to 452nd AMW commander at March ARB, July 19.

Col. Roger Disrud from 442nd Fighter Wing commander at Whiteman AFB, Mo., to retirement, Sept. 22.

Col. Patrick A. Cord from 926th Operations Group commander at Naval Air Station Joint Reserve Base New Orleans, La., to 442nd FW commander at Whiteman AFB in Sept. (AFRC News Service)

## DOD starts secure internet registration and voting demonstration for 2004 election

**Washington--**The Federal Voting Assistance Program in conjunction with several states and counties, has begun conducting a large internet registration and voting demonstration for the 2004 election.

Called the Secure Electronic Registration and Voting Experiment project, it is mandated by Congress.

Thousands of absentee uniformed services personnel, their dependents, and overseas U.S. citizens will have the opportunity to register to vote and cast their ballots from any Windows-based computer with internet access, anywhere in the world.

County election officials will use the SERVE system to receive voter registration applications, provide ballots to voters, and accept voted ballots. These officials will use their existing election administration systems to process registrations and ballots.

"Security is everyone's first question about internet voting, so we made security the driving factor in the SERVE system design," said FVAP Director Polli Brunelli. "We are working closely with state and local election officials to ensure that the integrity of the electoral process is maintained."

States currently expected to participate in SERVE are Arkansas, Florida, Hawaii, Minnesota, North Carolina, Ohio, Pennsylvania, South Carolina, Utah and Washington.

The SERVE project is the latest in a series of technology initiatives undertaken by FVAP as part of its mission to improve access to the polls for uniformed services personnel and overseas American citizens.

A small-scale concept pilot, Voting Over the Internet, was successfully conducted for the 2000 election. In that experiment, 84 citizens located in 21 states and 11 countries returned ballots to jurisdictions in Florida, South Carolina, Texas and Utah.

This was the first time that binding votes were cast over the internet for federal, state and local offices. The new SERVE system will build on the knowledge and experience FVAP gained in this groundbreaking and highly successful project.

Brunelli said that all eligible absentee uniformed services personnel and U.S. citizens overseas are encouraged to use SERVE to register and vote in 2004 at [www.SERVEUSA.gov](http://www.SERVEUSA.gov) [<http://www.serveusa.gov/>].



# 94th welcomes new squadron commander

**By Master Sgt. Stan Coleman**  
Public Affairs

During the June unit training assembly, Col. Edith Schafer accepted command of the 180-plus men and women in the 94th Aeromedical Staging Squadron. The departing commander is Col. William T. Watkins.

Schafer resides in Virginia and is a nurse practitioner with more than 30 years service in the nursing profession. "I've always wanted to be of service to people and help them," said Schafer. "Knowing you can make a difference in someone's life, even if it's only one person out of 100, means something."

Schafer started her military career as a clinical nurse with the U.S. Army Reserve at Fort Hamilton near Brooklyn, N.Y.

After she left the Army Reserve, she continued her education and rejoined the military in 1982.

Her various assignments include the chief nurse executive position at the 459th ASTS at Andrews Air Force Base, Md. and the chief nurse executive with the 459th

Aeromedical Evacuation Squadron.

In these positions Schafer provided guidance and support for the professional and readiness training for more than 120 nurses and medical technicians.

Schafer's civilian experience includes the Primary Care Clinic at the Veterans Administration Hospital Washington D.C. and the Dewitt Army Medical Center at Ft. Belvoir, Va.

She also served as a program director and primary care provider for King and Queen County, Va.

The mission of our unit involves medical support from flying personnel and the base population, said Schafer. Our mission also includes deployment and support from a 24-hour, 100-bed staging facility.

"A commander provides leadership and direction to the persons within the command," said Schafer. "One of my mentors, Col. Richard Severson, commander of the 459th Airlift Wing, practices visible management. He is always available and visible to his troops. That is the kind of management style I would like to emulate."



Photo by Don Peek

**Col. Edith Schafer accepts command of the 94th Aeromedical Staging Squadron from Brig. Gen. William Kane during the June UTA.**

# Employers get look at their employees in action

**By Staff Sgt. Micky Cordiviola**  
Public Affairs

In June, employers of Dobbins ARB reservists came for a visit to get a close look at what their employees do when they are performing military duty.

During the annual Employer's Day, 94th Airlift Wing unit members provided briefings on their unit's missions and gave employers insight to the role the Reserve plays in national defense.

Supported by the Employers Support of the Guard and Reserve, the day is designed to share information with employers about the importance of civilian airman and at the same time provide employers a channel to express concerns about the burdens that they have when their employees perform duty.

"I wasn't aware of all the different aspects necessary to complete a mission," said Capt. Steve Stathis, Dekalb County Police Department. "But after today, I have a better understanding of what my employee does on his Reserve weekend."

Many people from the group walked away with a better understanding of the various tasks and responsibilities involved with Reserve duty and the amount of work that reservists must put forth to make any mission successful.

"I'm familiar with the benefits of hiring reservists," continued Stathis. "The police department is constructed similar to that of the military structure. Many of our older police officers have military experience and understand the purpose of structuring the police force similar to that of the military. But, many of the new officers do not have military backgrounds and do not understand some of the customs and reasoning behind the way the force is struc-

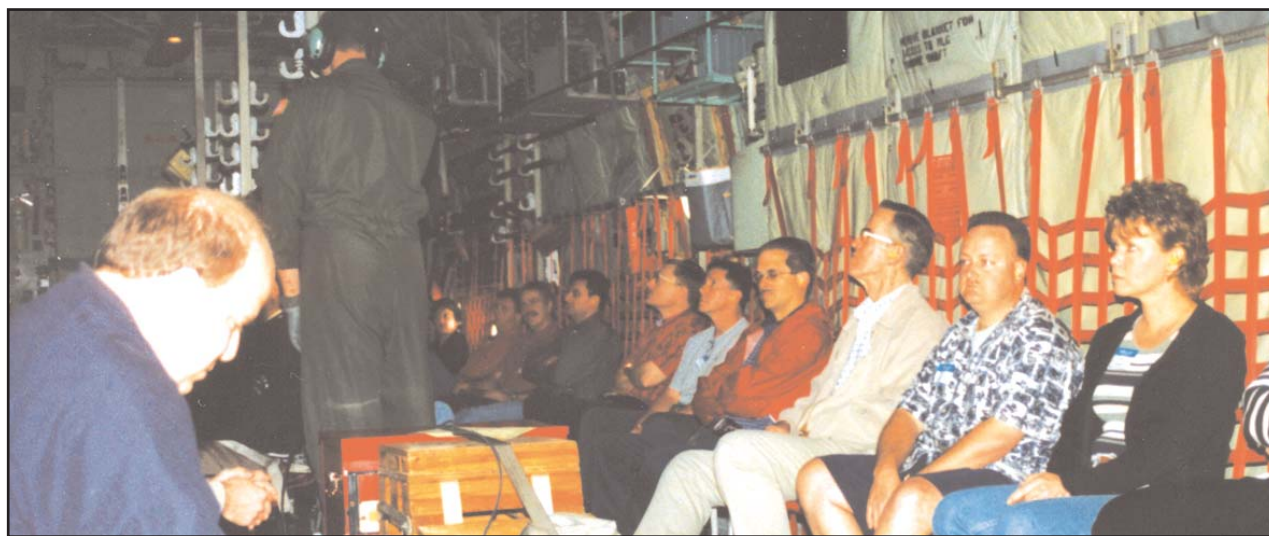


Photo by Staff Sgt. Micky Cordiviola

**Employers of reservists are seated as the C-130 prepares to take a local flight around the Atlanta area.**

tured. Having reservists on our staff helps bring stability to our department because they help other officers and give them proper advice."

In addition to mission briefings, the employers boarded a C-130 for an orientation flight. During the flight, 94th Aeromedical Evacuation Squadron personnel demonstrated how wounded are transported on the aircraft.

The flight, lasting about an hour, included a familiarization tour of the cockpit.

"Flying in the C-130 was an incredible experience," said Cole Chastain, Delta Airlines. "This is an experience I will remember for a long time." Chastain also expressed his appreciation for the military at a luncheon after the flight.

"I would just like to thank each and everyone of you for the protection of our country and my family," said Chastain. "The experience I had here today was incredible and I am honored to be here. This was great and is something I will always remember."

Speakers from the ESGR and the military stressed the importance of communication between employers and reservists.

"We are not asking as much from employers as we are asking from our reservists," said Brig. Gen. William Kane, 94th Airlift Wing commander. "Reservists are giving up a lot for the freedom of our country. As employers, you too, are a part of the big picture and without you; we could not do what we do. You are doing your patriotic duty and for this we want to thank you."



# Letter of thanks from AF chief



CHIEF OF STAFF  
UNITED STATES AIR FORCE  
WASHINGTON

Dear General Sheppard

The men and women of Air Forces Reserve Command performed superbly during Operation IRAQI FREEDOM. The world witnessed joint warfighting at its best and the critical role played by well-trained and well-led airmen.

Airmen from the Reserves were pivotal to the coalition's successes in the war. Our nation's military was able to achieve rapid victory because of the dedicated service of these great citizen airmen. The loyalty and courage displayed to their nation is a model for all airmen to follow.

Please relay my sincere appreciation to all the members of your command. May God bless our great Air Force and our great nation!

Sincerely

  
**JOHN P. JUMPER**  
General, USAF  
Chief of Staff

## First sergeants open the doors to their way of life

**By Senior Master Sgt. Dale Griffith**

*700th Airlift Squadron first sergeant and president of the Dobbins First Sergeant's Group*

There are several openings for first sergeants at Dobbins ARB and as a result the Dobbins First Sergeants Group is holding an Open House in conjunction with its monthly first sergeants meeting. The event is open to anyone interested in joining the elite first sergeant corps and begins at 10:30 a.m. on Saturday, July 12, at the training room in Bldg. 501. The event continues until noon.

This is a question one should ask before taking this very important step in their career.

Is it the money? It can't be the money, there's only an average of \$10 more a month in special duty pay.

How about the prestige? The position does have prestige that goes along with it, but it's hard earned through the extra hours of work.

Maybe it's the respect? With the position comes respect, but you must command that respect through the relationship with your unit's senior NCOs and your commander.

Is it be the recognition? First sergeants don't receive much recognition. If things are going right, you are doing your job.

The model of the first sergeant was brought to America during the Revolutionary War in 1775 under the direction of Baron Von Stueben. He was to teach the soldiers how to fight more efficiently, become more disciplined, and more organized. He selected an enlisted leader whose main purpose was to maintain discipline, train, monitor morale, and manage the day-to-day administrative functions of the troops. Today, the role has become more complex. The responsibilities have widened as each area of responsibility has grown. The initial responsibilities have been broadened to include mentoring, leadership, housing, safety, security, financial management, and mobility readiness.

For first sergeants, their rewards don't come in monetary form, through prestige, respect or recognition. Their rewards are realized through the successes of the enlisted men and women under their responsibility. The Air Force Reserve is looking for qualified men and women to fill this very important role. If you are someone who has excelled in their career, is a good listener, sets the example, strives to mentor and lead others, and has a genuine concern for the well being of the enlisted corps, you are the type of leader the Air Force Reserve needs in the first sergeant corps. If you want to join the corps, plan to attend our Open House this month and be prepared to take the most rewarding step in your career.



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**Submission deadline for the August issue is July 18.** Articles should be submitted electronically to the 94th AW/PA office. The email address is [94aw.pa@dobbins.af.mil](mailto:94aw.pa@dobbins.af.mil). For more information, contact public affairs at 678-655-5055. This funded Air Force newspaper is an authorized publication for members of the U.S. military services.

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# Local school kids “launch” Space Shuttle

By Paul Reid Hanna  
Public Affairs

Beaming, proud-parent faces and expressions of disbelief inhabited the quiet school. Parents and invited guests watched 45 Russell Elementary School fifth-grade students read navigation plans, call out booster firing sequences, react to emergency scenarios and successfully launch the Space Shuttle “Intrepid.”

Russell began their sixth annual mock shuttle mission in May; this one dedicated to two parents, Doyle Fowler and Tech. Sgt. Scott Kelley, 94th Maintenance Squadron hydraulics technician. With a large number of local supporters, the shuttle mission gets better each year, and the two parents put hours of work into the shuttle design.

“My daughter was on the space team last year,” Fowler said. “When I saw the commitment she made, I made one too.” Fowler, owner of Cool-It Air in Mableton, Ga., did the majority of the construction of the Intrepid. Fowler has a fourth and a first grader at Russell, but neither is old enough for the program. His oldest daughter, a Floyd Middle School sixth grader, came this year to sing the National Anthem. Fowler, once a buck sergeant in the Air Force, did most of the shuttle construction and design from pictures. He also installed the two C130-E seats loaned by the 94th Airlift Wing at Dobbins Air Reserve Base.

“Our work is not the important thing here,” said Kelley. “It’s the effort of the kids and the school that made this happen.” The cockpit has 400 switches and lights, all with a function or purpose. Kelley installed the lights, switches and wiring by printing pictures of the control panels and placing them in the cockpit. He then installed the parts into the pictures. Computers, radio communications and cameras went into the cockpit. Kelley’s son, the shuttle flight dynamics officer, monitored the shuttle course and engines using this equipment. Cobb County then installed emergency equipment and certified the work.

Chris Laster, a fifth grade science teacher at Russell, has been an avid space program fan. He started the program and arranged for many of the materials, like

actual shuttle training software, to make the shuttle mission possible. This year he wrote a computer program for the mission. Laster funded the shuttle construction with a state grant. He said the school principal, Judy Lindsay, provided everything else. “She is largely the reason this program evolved,” he said.

“I was surprised to see the school’s effort and preparation in a project for elementary school students,” Sarata Bhat, mother of Shuttle Commander Nisha Bhat.

“I don’t think the average person can fathom the degree of commitment these kids make to the team and how difficult their workload is,” said Laster. He said any effort he gives is worth seeing the kids reach their potential. The simulation runs for 27 hours, many teachers and crewmembers stay for the duration. The kids’ preparations begin when they take an interest in being a part of the mission. Training lasts for eight months at about two hours each evening.

“We stress the importance of having strong character in our team members and it is a point of pride with them, to be held to a high standard in that regard,” Laster said. Students learn 250 acronyms and 45 job positions in addition to regular schoolwork. Students have to study hard and submit a resume for a position on the team.

“The younger kids at Russell have real heroes right here to look up to,” Fowler said as he described the 45 young astronauts. Many parents noted the remarkable affect on their kids. Children not on the space team held other jobs like greeting and escorting the visitors and providing background on the previous shuttle missions. Most of the children found a means to participate in the program.

The success of the shuttle mission reached a colleague of Laster’s in Tacoma Washington. Nikki Ebbett, a science teacher at Gault Middle School, also has a shuttle program. Ebbett and some of her astronauts came to see the launch. She said the news of what Russell is doing convinced the Gault principal to create a space program budget.

The Intrepid was named after the aircraft carrier USS Intrepid. The carrier was used in the Gemini and Apollo missions to pick up astronauts returning from space. The USS Intrepid Former Crewmembers



Photos by Don Peek

**This space crew simulated a 24-hour space flight during a mission exercise at Russell Elementary School. Crew members include: (top left) Alikah Payne, Dorothy Dupuy, Tracey Steiner (teacher), Chris Alfonsi, (middle) Tyler Brantley, Jasmine Bates, (bottom) Nisha Bhat and Chaney Durham.**

Association sent Russell an American flag that had been flown on the carrier. It is on display in the Russell Mission Control Center. Several crewmembers have also come to Russell to watch the shuttle launch.

“Of all the dignitaries to visit us over the years, I feel most honored by the presence of those men,” Laster said.



Elizabeth Laster (front) and Malik Madani observe shuttle and launch data on the computer network.



Closeout Crew Medical Technicians (from left) Akilah Payne, Ian Rowand and Vanessa Estrada prepare the Shuttle Pilot Dorothy Dupuy and the Shuttle Commander Nisha Bhat for their launch.



Russell Elementary School students clap and cheer for the shuttle crew led by teacher Tracey Steiner.





# Cadets smell, hear and feel the AF Reserve



Tech. Sgt. Scott Yoder, 700th Airlift Squadron loadmaster, lends a hand in moving high school cadets away from a C-130H. Cadets from 25 local and area schools boarded two C-130s during the two-day program.

Photos by Don Peek

## Cadets from 25 high schools take part in annual JROTC flights

By Paul Reid Hanna  
Public Affairs

Hundreds of Army, Navy and Air Force Junior ROTC cadets gathered at Dobbins Air Reserve Base to catch a lift on a C130-Hercules. The lift is a part of an annual Orientation Flight program that is sponsored by the 94th Airlift Wing Recruiting office. Twenty-five high schools from across north Georgia and from across the border in South Carolina participated in this year's flights.

The program gives JROTC cadets a unique insight of military life and the duties of its members. The program also provides the cadets a chance to learn about Air Force career opportunities. Using goggles and earplugs, they were given a real-world feeling of boarding a C-130 with its turbo-prop engines running. After boarding and take off, cadets received a birds-eye view of Atlanta from 5,000 feet.

"This year's flight program was one of the best we've had," said Master Sgt. Stan Coleman, 94th Airlift Wing public affairs craftsman, who has worked with

the program for nearly 10 years. "We have a lot of help every year, but this year, it seemed like everyone was chipping in to ensure the safety, the flow, and the success of the program."

Coleman said that the additional support from the 700th Airlift Squadron with briefings and the assistance from flightline personnel in briefings and safety added to the success of the program. Griffin Services personnel took over the manifest preparations for the flights.

After their flights, cadets toured a C-130 on static display and were briefed by members of the 94th Aeromedical Evacuation Squadron and the 94th Maintenance Squadron. They learned how the plane operates and its uses in the military. Also available for tours were the control tower and the weather office.

"This event was a golden opportunity to meet hundreds of cadets and show them a wide spectrum of careers in the Air Force," said Master Sgt. Mark Clark, 94th AW recruiter. According to Clark, the program has several focuses.

"This is an extremely effective way

to share our recruiting messages with high school students. The Orientation Flight program is the highlight of the year for many of these schools and I'm glad that we can provide that. In addition, the program is a great public relations tool that gets the

Air Force Reserve message back out to the communities."

Recruiters introduced the cadets to Base Honor Guard members and described many other occupations available in the Air Force.



The 94th Airlift Wing Base Honor Guard is an annual participant in the Orientation Flight program.



## Illness during unit training assemblies

Physicians attached to the 94th Aeromedical Staging Squadron are not credentialed to treat reservists for illnesses. If you feel ill, consult your private physician and do not report to the UTA. You should; however, notify your unit of your status. For more information, contact the 94th ASTS at 678-655-4995.

## Member's only dining at the Consolidated Club

The club is offering some fine food and great music for members only this summer. Come join the fun from 6 to 8 p.m. on the following dates:

July 18-potato crusted salmon \$10.95

Aug. 1-herb roasted chicken \$9.95

Sept. 5-Chateau Briand \$10.95

Prime rib is available each evening at \$10.95 and all pricing for the meal is at member price. Disc jockey Marque Cooper will also play great music for each evening. For more information, call 678-655-4594.

## Bingo at the club

The Dobbins Consolidated Club hosts a weekly Bingo program every Thursday. Cards go on sale at 5 p.m. and the Early Bird game begins at 6:45 and regular games begin at 7. It's a fun night with \$1,100 on the line. For more information, call 678-655-4594.

## Super Bingo is back

The doors open at 4 p.m. on Sept. 25 as the club serves up another round of Super Bingo with a \$5,000 payout. The Early Bird game begins at 6:45 p.m. and regular games at 7 p.m. You cannot attend if you are under 16 years old and anyone entering the Bingo rooms must purchase at least one house pack of cards. For more information, call 678-655-4594.

## Sluggers beware

Outdoor Recreation is sponsoring a Home Run Derby at the base softball field at 6 p.m. on Thursday, July 17. This derby is open to DOD employees, reservists, active-duty military, retired military, and their dependents along with long-term contractors working for Dobbins ARB. The derby uses the 10-pitch rule and allows for two pitches to be taken. Sign-up for this summer event began on June 30. For more information, call 678-655-4870.

## Join the thrills at Casino Night

Calling all high rollers on Saturday, Nov. 1. For a fun-filled night of gaming, join the Consolidated Club as it opens up the craps, roulette, poker and blackjack tables. Along with all the gaming, hors d'oeuvres, prizes, raffles and disc jockey Marque Cooper come with the low price of \$20 per person. You can make reservations at the club beginning Sept. 16. Be early because everyone will want to be a part of the club's first ever Casino Night. For more information, call 678-655-4594.

## Raft the rapids of Ocoee

Join Outdoor Recreation on Friday, Aug. 8, to take a trip to the Ocoee River in Tennessee for a great day of outdoor fun. Ride the rapids on an exhilarating two and a half hour white-water rafting trip or go mountain biking from the top of Buck Bald Mountain. You can also arrange horse-back riding. The cost is \$45 per person including transportation. You leave the Outdoor Recreation Center

## 94th Honor Guard member named Disney vet of the day



Photo courtesy Disney World

**Disney World named 94th Mission Support Group Honor Guardsman Staff Sgt. Jeffery Rosser the Honorary Disney World Veteran of the Day on May 17. Rosser assisted Disney security officers with folding the American Flag.**

at 7:30 a.m. and return around 5 p.m. At least 10 people are required for the trip and payment is due by July 11. For more information, call 678-655-4870.

## Health fitness/talk series

If you feel pain in your hands, wrist, or arms from recurring motions, you may be suffering from carpal tunnel syndrome. On Wednesday, July 16, the health/fitness talk series continues at Dobbins with a lecture on this painful, but controllable health problem. Beginning at 11:30 a.m. at the Lakehouse, the lecture is free and open to all base personnel. For more information, call 678-655-4870.

## "56" Group

The 56 Group is being created for E-5 and E-6 noncommissioned officers to promote morale and esprit de corps, enhance communication within the NCO ranks and improve the quality of life of all enlisted members within the wing and the Dobbins ARB community.

If you are interested, sign up is July 13 at the Consolidated Club during meal serving. The first meeting is at 1 p.m. on Sunday, Aug. 3, in Bldg. 838, Room 1202. For more information, contact Master Sgt. Mark Brown, at 678-655-4120.

## Top Three inducts new members, hears from Army

Georgia Army National Guard Master Sgt. Royce Davis didn't make any bones about it. He and his troops are quickly getting use to Dobbins as their new home. Davis, who is with the Army's 1230th Transportation Unit, is serving as the first sergeant for the contingent of GANG that has been activated and assigned to Dobbins ARB.

"We came up from Bainbridge, Ga., and didn't really know what to expect," said Davis describing the unit's activation. "When we got here, we were thinking if we were lucky, we'd have open-bay housing or maybe be sleeping in a hangar. It didn't turn out that way. We are in billeting and everyone is excited about that." Davis also talked about the adjustments his troops are making to the rank structure on base and the terminology differences between the branches of service on base.

Earlier in the program, Brig. Gen. William Kane, 94th Airlift Wing commander, inducted new master sergeants into the group and asked them, "Why are we the best military in the world?"

"It's because of you," he answered for them. "As senior NCOs, we count on your responsibility and accountability to make sure that we meet our objectives as a military."



Photo by Senior Airman Brett Brown

**Master Sgt. Felicia Bryant, 94th Logistics Readiness Squadron, receives her certificate of induction from Brig. Gen. William Kane, 94th Airlift Wing commander.**



# Annual tours not required for some

*For some reservists, yearly requirement waived until Sept. 30*

WASHINGTON - Air Force reservists who have been mobilized or demobilized or who served on voluntary military personnel appropriation tours in support of a contingency since Oct. 1 will not be required to perform an annual tour between now and Sept. 30.

Lt. Gen. James E. Sherrard III, commander of Air Force Reserve Command, approved a policy May 16 that exempts their annual tours and does not permit making up missed inactive duty for training days because of activation.

Unit reservists and individual mobilization augmentees, who return to reserve status and did not perform their annual tour, have until June 30 to request an annual tour be scheduled if they want to perform it.

Unit reservists make the request through their commander; IMAs go to their support organization. These reservists will receive "constructive credit" for missed inactive duty for training days.

Unit reservists on active-duty MPA or reserve personnel appropriation orders in support of contingency operations are considered constructively present and therefore ineligible to reschedule missed inactive duty for training days.

The situation varies for IMAs after demobilization. IMAs are allowed to

begin performing four-hour IDTs again on a prorated basis. The number of IDTs they will be able to perform depends on when they are demobilized and the number of IDTs they normally perform during a year. For example, if an IMA usually does 24 IDTs during a year and is demobilized June 15, he or she would perform six IDTs between July and Sept. Although June 15 makes a partial month, it is considered a full month of service for the purpose of prorating.

Command officials in Washington, D.C., said the participation policy for the fiscal year of Oct. 1, 2002, to Sept. 30, 2003, is designed to use available funds efficiently and to ensure people receive credit for time they served on active duty. (AFRC News Service)

## Newly assigned

**Lt. Col. Mary Burns**  
**Capt. Rosa Collins**  
**Capt. Gwendolyn Hamilton**  
**Master Sgt. Richard Hiney**  
**Tech. Sgt. Rochelle Brisco**  
**Tech. Sgt. Gwendolyn Rose**  
**Tech. Sgt. Rafael Zeruto III**  
**Staff Sgt. Alishia Norman**  
**Staff Sgt. Joseph Tulleners**  
**Staff Sgt. Shannon Wiggins**  
**Senior Airman Lysandra Allen**  
**Senior Airman Tajma Boykin**  
**Airman 1st Class Terrian Florence**  
**Airman 1st Class Candace Moore**  
**Airman Basic Richard Potter**

## Smart eating helps reduce cancer risk

**By Tech. Sgt. Houston Gilliland Jr.**  
*94th Aeromedical Staging Squadron*

Cancer is a deadly disease that strikes close to many of us and often. Among the actions you, your family and your friends can take to reduce the risk of cancer is to correct your eating habits. Take these actions to fight cancer:

Avoid obesity -- This can reduce the risk of uterine, breast, gall bladder, prostate and colon cancers.

Eat a varied diet in moderation, which offers the best hope in lowering the risk of cancer.

Include a variety of vegetables and fruits in your daily diet -- This may reduce risk of colorectal, prostate, stomach, esophagus and lung cancers.

Eat more high-fiber foods such as whole-grain cereals, vegetables and fruits, reducing the risk of colon cancers.

Cut down on the total fat intake to reduce risk of breast, prostate and colon cancers.

Eat less smoked, salted and cured foods to reduce the risk of esophagus and stomach cancers.

Limit alcohol consumption, which can reduce the risk of liver, larynx, esophagus, throat, oral, and possibly breast, pharynx and stomach cancers.

## cVIP speeds job-application process

**RANDOLPH AIR FORCE BASE, Texas (AFPN)** — New and current civilian employees inprocessing or being assigned to new positions in the Air Force can now fill out many of the employment forms online, according to Air Force Personnel Center officials.

Applicants who have been contacted with a tentative job offer can use the web-based Civilian Virtual Inprocessing Procedure to fill out forms before or instead of going to their civilian personnel flight, said Maureen Weber.

Weber is the lead human resources specialist with the directorate of civilian personnel operations.

"One of the most attractive features of cVIP is that it saves the customer time

by capturing repetitive-type information the employee enters on one form, such as name and Social Security number, and inputting the data automatically on other forms as they are filled out," she said.

The cVIP also allows for electronic authentication for signatures, certification and approvals.

Electronic authentication is the process through which the identity of a computer or network user is verified and ensures that an individual is, in fact, who he or she claims to be.

More information on Air Force civilian employment is at <https://www.afpc.randolph.af.mil/afjobs/>. (Courtesy of AFPC News Service)

## UTA Schedule

SATURDAY	Activity	Time	Location	SUNDAY	Activity	Time	Location
	Sign in	7-8:30 a.m.	Unit assigned		Wing CC call (MSG, Wing)	8 a.m.	Bldg. 838/Bay 2
	Depolyment Ex. (XP)	7-3:30 pm.	Bldg. 838/Bay 2		Wing CC call (Ops Gp)	9 a.m.	Bldg. 838/Bay 2
	Wing element staff mtg	7:30-8 a.m.	Bldg. 838/Rm 1202		Wing CC call (Maint Gp)	10 a.m.	Bldg. 838/Bay 2
	CDC study hall	7:30-10 a.m.	Bldg. 838/Rm 2304		Physical exams (aircrew)	8 a.m.	Navy Clinic
	Occupational physicals	8-11 a.m.	Navy Clinic		Physical exams (others)	8:30 a.m.	Navy Clinic
	M-16 rifle AFQC	8 a.m.	Combat arms range		Immunizations	8-11 a.m.	Navy Clinic
	Wing fitness walk	8 a.m.	Bldg. 838/Rm 2406		HRDC meeting	9 a.m.	Bldg. 838/WCR
	Newcomers intro	8:30-9:30 a.m.	Base Ops		Unit FS POC mtg	9-9:30 a.m.	Bldg. 838/Rm 2313
	NBCCD refresher	9-11 a.m.	Bldg. 838/Rm 1322		Yellow Fever shots	9-10 a.m.	Navy Clinic
	Newcomer's orientation	9:30	Bldg. 838/Rm 2406		Chiefs Group mtg	9-10 a.m.	Bldg. 838/Rm 1202
	Trng review panel	9:30-10:30 a.m.	Bldg. 727/700 AS		CDC exams	9 a.m.-noon	Bldg. 838/Rm 2304
	Deployment mgrs mtg	Cancelled	Bldg. 838/WCR		IG complaints	10 a.m.	Bldg. 838/Rm 2105
	First Sgt's group mtg	11 a.m.-noon	Bldg. 501/CES		Enl advisor council mtg	10-10:30 a.m.	Bldg. 838/WCR
	Occupational physicals	1 p.m.	Navy Clinic		30-day record review	10-11 a.m.	Bldg. 838/Rm 1202
	CDC Exams	1-3 p.m.	Bldg. 838/Rm 2304		Cmdr's working lunch	11:30 a.m.	Club
	NBCCD Refresher	1-3 p.m.	Bldg. 838/Rm 1322		OJT manager's mtg	1-2 p.m.	Bldg. 838/Rm 2406
	Deploy outprocess bfng	Cancelled	Bldg. 838/Rm 2406		Flying Safety	1-2 p.m.	Bldg. 727/700 AS
	Retreat (80th APS)	4 p.m.	Bldg. 922/Front		Immunizations	1-3 p.m.	Navy Clinic
					Supervisor safety tng	1:15-2 p.m.	Bldg. 744/2nd Fl
					Stan eval board	2-3 p.m.	Bldg. 727/700 AS